

Varda Colin, M.D.

Education:

Undergraduate:

Universita Degli Studi, Bologna, Italy
Technion, Israel Institute of
Technology, Faculty of Medicine,
Haifa, Israel

Graduate:

Other Training/Experience:

Psychiatry Adult Residency, Rambam
Medical Center, Haifa, Israel.
Instructor in Psychiatry, Technion,
Medical School, Haifa, Israel
Director Eating Disorders Unit,
Rambam Medical Center, Haifa, Israel.
Masters in Management of Healthcare Services, Brandies
University, Waltham, MA.
Child and Adolescent Psychiatry Residency, Children's Hospital,
Boston, MA
Director of Child and Adolescent Outpatient Services, North
Essex Mental Health Centers, MA
Group practice, Wellesley MA
Director of Child and Adolescent Outpatient Services and
Assistant Medical Director, Advocates, Inc.
Board Certified in Adult Psychiatry.
Board Certified in Child and Adolescent Psychiatry.



Areas of special interest/focus:

Psychopharmacology in children, adolescents and adults. Childhood Disorders, Mood and Anxiety Disorders, ADHD, Eating Disorders.

Clinical philosophy (how he/she approaches work with the people he/she serves):

I believe that comprehensive understanding and respect to the diversified backgrounds of my patients is a key in setting up the foundation for a good working relations. It is important to explore the various perspectives affecting a person, such as the biological, psychological, social and cultural backgrounds. My approach is practical, geared at problem solving and goal oriented.

What do you consider the most important elements in a successful outcome in working with a person who is in treatment with you?

My goal in working with patients is to alleviate suffering and promote wellbeing and growth. To that end I would work towards collaboration and active engagement of my patient in all levels of the treatment process, from information gathering and discussion of diagnostic issues through mutual agreement on the treatment plan and working on the implementation of it.

Other things about you or how you work that you would like to share with people who are considering choosing to work with you:

I see myself in the role of consultant to my patients. I would encourage my patients to explore their desired goals and aspirations and lead the way, while I would hope to advise them as to what would help in the achievement of their goals. I would hope to offer scientific data, my experience and support to all of my patients taking the road towards healing and recovery.