

Thomas K. Weiss, M.D.



Education:

Undergraduate:

BA, Cornell University

Graduate:

MD, Boston University School of Medicine

Other Training/Experience:

Post Graduate: Fletcher School of Law and Diplomacy; Adult Residency: Combined Program – Boston City Hospital/University Hospital; Medfield State Hospital. Teaching Faculty/Supervisor: Department of Psychiatry, New England Medical Center, Boston University School of Medicine, Harvard Medical School; Talbieh Psychiatric Hospital, Jerusalem, Israel; Assistant Clinical Professor of Psychiatry – University of Massachusetts Medical Center.

Areas of special interest/focus:

Attention deficit disorders; Obsessive compulsive disorders, Biological rhythms and psychiatry; Political psychology.

Clinical Philosophy (how he/she approaches work with the people he/she serves):

What is special about psychiatry for me is its universal applicability to essentially all levels of human endeavor. I try to look at the treatment of illness as part of a life enhancing process which continues over time, focusing on the triad of mood, behavior, and performance.

What do you consider the most important elements in a successful outcome in working with a person who is in treatment with you?

The capability of a person to transition from dependency to increasing levels of autonomy is consistent with a successful outcome. Developing empathy and positive transference are critical in doing this. Not only would I want to walk a mile in my patient's shoes, I would hope to accompany each patient for the entire journey.

Other things about you or how you work that you would like to share with people who are considering choosing to work with you:

I try never to take anything for granted. I make sure I explain my reasoning for what I do at all times, and encourage each patient to ask any questions they have. I make myself available by phone or page at all times during work hours and have developed a method to ensure a rapid response that significantly minimizes waiting time.