

Idalmis Murray, RN, MSN



Education:

Undergraduate: BSN, Atlantic Union College

Graduate: MSN, Adult Psychiatric Specialty, UMASS Lowell

Other Training/Experience: Addictions Treatment: Spectrum & AdCare
Nursing Director: Spectrum
Electroconvulsive Therapy: UMASS Hospital
Family Therapy Training: UMASS
Nursing and Language Adjunct Faculty: Atlantic Union College

Areas of special interest/focus: Addictions/Recovery; Health Maintenance/Disease Prevention; Culture & Spirituality

Clinical Philosophy (how she approaches work with the people she serves):

It is both an honor and a privilege to be entrusted with people's intimate and personal life matters. I am always fascinated by people's stories. I believe that each person's story is unique and deserves to be heard. Life commonalities between the people I serve and myself create a strong therapeutic liaison. When mutual trust and respect are fostered in my relationship with others, the possibilities for recovery are endless; therefore, I believe that trust and respect must be protected and observed in each human relation.

What do you consider the most important elements in a successful outcome in working with a person who is in treatment with you?

It is crucial that those I serve strive to **trust** themselves, clinicians in this agency, family and friends, and other health professionals and social agencies to provide needed emotional, physical, and spiritual support. As we team up to reach commonly set goals, we become stronger and can accomplish far more than on our own.

Other things about you or how you work that you would like to share with people who are considering choosing to work with you:

I am thrilled that you will allow me to serve you. I hope we have a fabulous journey towards optimal health, peace, and contentment!